PARKSIDE PEDIATRICS

Name_____ Year_____

DATE	GREAT	GOOD	OKAY	NOT GOOD	REALLY ROUGH	What could have contributed to today's behavior?

With your help an ADD/ADHD diagnosis is a condition that is very treatable allowing kids to be very successful in life. It takes everyone working together as a team to make it happen, including yourself, your child, and all of our providers and staff at Parkside Pediatrics.

Very Important

1. This tracking form will help record patterns in your child's behavior throughout the month. At the end of each day, mark how the overall day went for your child and note anything that could have effected the day/behavior (an argument with a friend, a test at school, sickness, etc.).
2. It is very important to stay on track with your normal ADD/ADHD appointment schedule and be sure to bring all new tracking forms with you to the appointment in order to share and discuss with your Parkside provider. Additional forms are available at www.parksidepediatrics.com.
3. Please remember, if at any time you have concerns that you would like to discuss, please call us at 272-0388 to make an appointment.