



Covid-19 Resources We Trust

General Covid-19 information

(everything from breastfeeding to vaccination)

[healthychildren.org](https://www.healthychildren.org)

Covid-19 Vaccine Specific information sites:

[cdc.gov](https://www.cdc.gov) | [chop.edu](https://www.chop.edu) | [COVIDVaccineAnswers.org](https://www.COVIDVaccineAnswers.org)

(tons of questions and answers)

Other Helpful Links:

The American Academy of Pediatrics

The AAP has provided a searchable site with information on all topics.

[HealthyChildren.org](https://www.healthychildren.org)

(there is a link on the bottom right for the Spanish language page)

Johns Hopkins Coronavirus Resource Center

[coronavirus.jhu.edu](https://www.coronavirus.jhu.edu)

Detailed ACIP* documents on Covid vaccination

*(*Advisory Committee on Immunization Practices)*

[cdc.gov](https://www.cdc.gov)

The Children's Hospital of Philadelphia Vaccine Education Center

Extensive information on EVERY vaccine, not just Covid. Searchable by vaccine, details down to the ingredients. Great resource!

[chop.edu](https://www.chop.edu)

Our World in Data

[ourworldindata.org](https://www.ourworldindata.org)

Covid in Children

[aap.org](https://www.aap.org)

Answers to Common Covid-19 Questions + Concerns

How do mRNA vaccines work?

Amazing science here! Check it out!

[chop.edu](https://www.chop.edu) | [cdc.gov](https://www.cdc.gov) | [health.harvard.edu](https://www.health.harvard.edu)

What are the side effects of Covid19 Vaccination?

Very similar to other vaccines!

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) | [cdc.gov/vaccines](https://www.cdc.gov/vaccines)

What about long term effects?

Vaccine ingredients do not stick around for long in your body. [uab.edu](https://www.uab.edu) | [chop.edu](https://www.chop.edu) | [cdc.gov](https://www.cdc.gov)

Should I get the Covid Vaccine while breastfeeding or pregnant?

Short answer is Yes!

[cdc.gov](https://www.cdc.gov) | [acog.org](https://www.acog.org) | [highriskpregnancyinfo.org](https://www.highriskpregnancyinfo.org)

Do we need to get vaccinated even if we had Covid19 infection?

Yes! Not everyone who tests positive for Covid19 develops longstanding immune memory.

[cdc.gov](https://www.cdc.gov)

What about Antibody tests?

In general, we do not recommend antibody testing for most individuals.

[fda.gov](https://www.fda.gov)

My child has allergies. Can he/she still get the Covid vaccine?

Most likely, yes. There is no contra-indication to vaccination if you have food allergies or allergies to antibiotics. The risk of anaphylaxis is exceedingly rare. Vaccines are administered in facilities that can respond to allergic reaction. [All ingredients listed here.](#)

What about myocarditis?

The risk of Covid infection itself far outweighs the risk of myocarditis after vaccination. Covid infection can cause myocarditis requiring hospitalization and ICU support at a much higher incidence than the mild, self-limited myocarditis after vaccination. Myocarditis can occur after any viral infection.

We continue to recommend Covid vaccines as do our local Pediatric Cardiologists. Children who have had MIS-C after Covid infection need to talk to their healthcare team first. [cdc.gov](https://www.cdc.gov) | [aappublications.org](https://www.aappublications.org)

